

VEINS AFTER CARE FORM

Post Treatment Instructions:

1. Immediately after the treatments, you should apply an ice pack, as there may be mild swelling. It is normal for the treated area to feel like sunburn for a few hours. You should use a cold compress if needed. If any crusting, apply antibiotic cream. Some physicians recommend aloe vera gel or some other after sunburn treatment such as Desitin. Darker pigmented people may have more discomfort than lighter skin people and may require the aloe vera gel or an antibiotic ointment longer. Follow instructions as specified by your laser professional.
2. Makeup may be used after the treatment has quit swelling unless there is epidermal bleeding. It is recommended to use new makeup to reduce the possibility of infection. Keep the area moist. Any moisturizer without alpha-hydroxy acids will work.
3. You may shower after the laser treatments in tepid water. The treated area may be washed gently with a mild soap. Skin should be patted dry and NOT rubbed.
4. You will experience redness and bruising from five to fourteen days at the treatment. Avoid sun exposure to reduce the chance of dark or light spots for 2 months. Use sunscreen SPF 25 or higher at all times throughout the treatment.
5. After the bruising has cleared it takes up to four weeks or longer to observe the maximal effectiveness of that particular treatment.
6. Avoid picking or scratching the treated skin to achieve your best results. Minimal pinpoint crusting can occur so keep the area moist with a Vaseline-type product and avoid picking.
7. Call your physician's office with any questions or concerns you may have after the treatment.