

# Progressive Laser LLC

"Science enhancing Beauty..."



## **Pre and Post Treatment Instructions for Skin Tightening**

*For best results, please follow these instructions*

### Prior to treatment:

- Wear SPF 30 or more, and avoid the sun for at least 48 hours before.
- Do not use any skin care products such as prescription acne topicals, Retin-A or any face cream supplement that contains Hydroquinone for one week prior to treatment.
- Do not use self-tanning lotions or tanning booths at least two weeks prior to your laser treatment. Any client arriving with a tan or a sunburn will be rescheduled due to sensitivity of the procedure to altered skin color and for the sake of your own safety.

### Post Treatment:

- You may have mild swelling for 1-3 days after your treatment.
- Redness for 2-3 days is common.
- Avoid prolonged sun exposure or use of tanning beds for one week after a treatment.
- Use a minimum of SPF 30 to protect your skin after your treatment.
- Moisturize
- Makeup may be applied.

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