

Progressive Laser LLC

"Science enhancing Beauty..."



Replenix MD Perfect 10 Peels Pre & Post Care

For best results, please follow these instructions

In order to maximize the benefits of your treatment, your Esthetician will review and compose a simple skin care program for you to begin before your treatment as well as once your skin has healed to maintain the desired results. A quality, daily home skin care regimen will ensure that you maximize and maintain the benefits of your treatment.

7-10 days before peel:

- Discontinue application of all topical retinoid or vitamin A derivative products.
- Discontinue all glycolic or chemical or mechanical exfoliants.
- Avoid facial waxing.
- Avoid sun exposure without a sunscreen of SPF 30 or higher. Avoid tanning beds and lotions.

Post Chemical Peel:

- Expect skin to appear pink for a few hours after treatment.
- Your skin may be temperature sensitive for a few days following treatment.
- It is best to avoid, but makeup may be applied to cover redness as needed.
- Avoid direct sunlight on the treated area and use a broad spectrum UVA/UVB sunscreen of SPF 30 or higher for 1-2 weeks after your treatment.
- Keep your skin well hydrated with a protective moisturizer.
- Avoid any abrasive products such as scrubs or exfoliating sponges for 7-10 days.
- Avoid products such as retinols and acids for 10 days.
- Vitamin C serums may be resumed after 48 hours.

What to expect post peel:

- Slight peeling/flaking 3-5 days.
- Mild itching, irritation, redness, and increased sensitivity.
- Small whiteheads
- Crusting is rare; however, if it does occur, a thin layer of over the counter Aquaphor ointment can be applied 2-3 times a day for 3 days. Please call if you experience this uncommon reaction.

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Replenix MD Perfect 10 Peels Skin Care Regimen & Product Knowledge



1st Evening Post Peel:

1. It is highly recommended to cleanse with a "Gentle Antioxidant Soothing Cleanser" as the skin will be sensitive and intolerant to certain products.
2. Apply "Resurfix Elemental Healing Ointment" that is provided with the peel. If you experience irritation you may apply a 1% hydrocortisone product.
3. Avoid direct sunlight and use "Sheer Physical Sunscreen 50+ Cream"
4. Visible peeling will be noticed within 2-3 days after the procedure and can last between 7-10 days.
5. It is advised that patients avoid exercise for at least one day after the peel procedure

For the next 7-10 days:

AM:

1. Cleanse with "Gentle Antioxidant Soothing Cleanser"
2. Moisturize (as necessary) with "Resurfix Elemental Healing Ointment" (as needed)
3. SPF with "Sheer Physical Sunscreen 50+ Cream"

PM

1. Cleanse with "Gentle Antioxidant Soothing Cleanser"
2. Moisturize with "Restorative Nighttime Bio-Therapy"
3. SPF with "Sheer Physical Sunscreen 50+ Cream"