Progressive Laser LLC

"Science enhancing Beauty..."

**Suggested Patient Instructions for Vascular Lesions**

*For best results, please follow these instructions*

**Pre-Treatment Instructions:**

• Your skin should be completely clean and dry prior to treatment. Remove or omit and skin care products day of treatment

• AVOID THE SUN – The area should not be exposed to the sun 4 – 6 weeks prior to treatment. Treatment of tan skin may result in blistering or hypopigmentation which can last 3 – 6 months

• Avoid using tanning creams, spray tans or any type of temporary pigment creams prior to your treatment

• Darker skin types should not be treated due to increased risk of hypopigmentation (white spots) or hyperpigmentation (dark spots)

• Clients with history of the following conditions may not be good candidates and may be ask to consult their primary care physician prior to treatment:

Diabetic patients, History of poor circulation, History of poor healing , Taking a blood thinner, on high doses of iron.

**Post-Treatment Instructions:**

 • Cool compress, ice pack may be applied

 • Avoid Sun exposure – wear SPF 30 plus Broad spectrum

 • Avoid strenuous exercise for 48 hours after treatment • Wait 6 – 8 weeks before your next treatment as vessels continue to resolve over that period of time • Areas treated may appear red raised like a scratch which clears in a few hours or darker in color or bruised which may take a few weeks to fade.

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