Progressive Laser LLC

*"Science enhancing Beauty..."*

**Client Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Today’s Date: \_\_\_\_\_\_\_\_\_\_\_\_**

**Genetic Disposition**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Score** | **0** | **1** | **2** | **3** | **4** |
| Your natural eye color? | Light blue, green, or gray | Blue, gray or green | Blue | Dark Brown | Brownish Black |
| Natural color of your hair? | Sandy, red | Blond | Chestnut/ Dark Blond | Dark Brown | Black |
| Color of your **non-exposed** skin | Reddish | Very pale | Pale with beige tint | Light Brown | Dark Brown |
| Do you have freckles on **unexposed** areas? | Many | Several | Few | Incidental | none |

**Reaction to Sun Exposure**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Score** | **0** | **1** | **2** | **3** | **4** |
| What happens when you stay too long in the sun? | Painful redness, blistering, peeling | Blistering, followed by peeling | Burns sometimes, followed by peeling | Rarely burns | Never burn |
| To what degree do you turn brown? | Hardly or not at all | Light color tan | Reasonable tan | Tan very easy | Turn dark brown quickly |
| Do you turn brown within several hours after sun exposure? | Never | Seldom | Sometimes | Often | Always |
| How does your face react to the sun? | Very sensitive | Sensitive | Normal | Very resistant | Never had a problem |

**Tanning Habits**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Score** | **0** | **1** | **2** | **3** | **4** |
| When did you last  expose your body to sun or tanning booth/cream? | More than 3 months ago | 2-3 months ago | 1-2 months ago | Less than one month ago | Less than 2 weeks ago |
| Did you expose the area to be treated to the sun? | Never | Hardly ever | Sometimes | Often | Always |

**Add up the total scores for each section for your Skin Type Score to give you a better evaluation of your skin type.**

|  |  |
| --- | --- |
| **Skin Type Score** | **Fitzpatrick Skin Type** |
| **0-7** | **I** |
| **8-16** | **II** |
| **17-25** | **III** |
| **25-30** | **IV** |
| **Over 30** | **V – VI** |

\_\_\_\_\_\_\_ **Total score for Genetic Disposition**

**\_\_\_\_\_\_\_ Total score for Reaction to Sun Exposure**

**\_\_\_\_\_\_\_ Total score for Tanning Habits**

**\_\_\_\_\_\_\_ = Skin Type Total Score (Your Fitzpatrick Skin Type**