***Progressive Laser LLC***

*"Science enhancing Beauty..."*

**Eminence Organic Skin Care Pre-Post Treatment Instructions**

*For best results, please follow these instructions*

Eminence believes in providing the best skin care products possible. Vitamins are captured in their all-natural fresh base, offering dramatic results as actual seeds, pulps and peels impart regenerative and healing powers that only nature can produce.

**What to Expect During & Immediately After Treatment:**

You will likely see results immediately after treatment and your skin will feel smooth and hydrated for one to four weeks. *For improved, longer lasting results, consider take-home products and monthly treatments.*

Client experiences may vary. Some people may experience a delayed onset of the previously mentioned results. Contact us immediately if any unusual side effects occur or if symptoms worsen over time.

**Next Steps:**

Post facial you must avoid touching, picking and peeling your skin. Doing so can result in further damage and hyperpigmentation. To see the best results, we highly recommended starting a home care regimen AM & PM as recommended by your esthetician. For accelerated results we recommended a series of treatments spaced 2 weeks apart.

The treatment area is more susceptible to sunburn, sun damage and hyperpigmentation. Avoid direct sun exposure and use a minimum of SPF 30. Aggressive exfoliation, waxing and products containing acids should be avoided for a minimum of two weeks post treatment. Avoid the use of Retin A type products post treatment as well.

**Good skincare through a Healthy Lifestyle.** *Maintain your skin health by following the below recommendations*

* Drink plenty of water
* Eat a balanced diet
* Take daily vitamins
* Exercise regularly
* Get plenty of sleep
* Avoid smoking
* Avoid tanning beds
* Minimize alcohol consumption
* Manage daily stress